

Vibrational Techniques and the Body

When we work with vibrational techniques. We either start to resonate with these vibrations, or we do not resonate with them. This document is about how the body resonates, what can happen if we start to work with vibrational techniques. How a healthy body looks as opposed to how a compressed body looks, and how a sick body looks.

This perception is seen from my “seeing ability” in the “particles” which I see dancing in and around the body.

This type of “seeing” is a seeing in a vibrational density that does not normally meet the physical eyes.

In my work as “healer” or “investigator” for these techniques I see the particles, best described, like a vapor over gasoline, or a heat vibration above the road.

Through healing and manipulation of these particles, comes a whole new understanding of how the body operates toward healing, vibrations, and fears. And the result, a Love state occurs.

Inflow / outflow. Compression / Expansion. Pi/2 and phi. These are all terms we become familiar with when working with these techniques.

Caution; when we start to manipulate these vibrations, **healing** can occur [of / to] the body. Mostly misinterpreted by the person if they try to judge the feeling that is achieved when particles start to move again after years of being captured inside and forgotten.

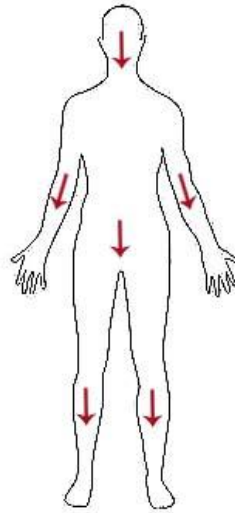
In this document we will attempt to provide an understanding of what might happen in the interactions with vibrational techniques, what this looks like for person with vision of the vibrations, and also how we can work with this.

Vibrations in the Body

Let start with the flow in the body. We have all heard of chakra's. If not you may research this on the INTERNET, there is enough information available about that.

There is a flow from top to down I would like to discuss in this document. There are more flows also, but not of specific interesting for this document.

So we start with the flow from heaven to earth. Top to down. And let us present it with a picture:

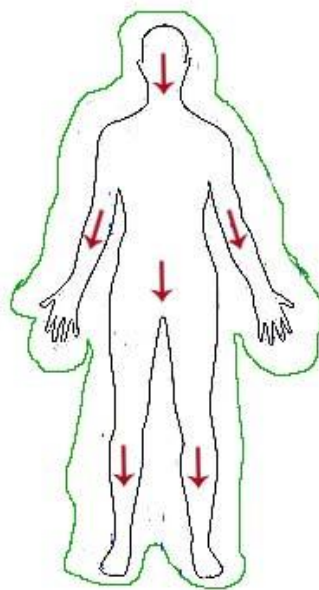


This is a flow that can flow all the way through from heaven to earth, leaving the hands feet and the root chakra when we are in healthy state. Of course there are more inflows and outflow possibilities but for energy clearing we start with these.

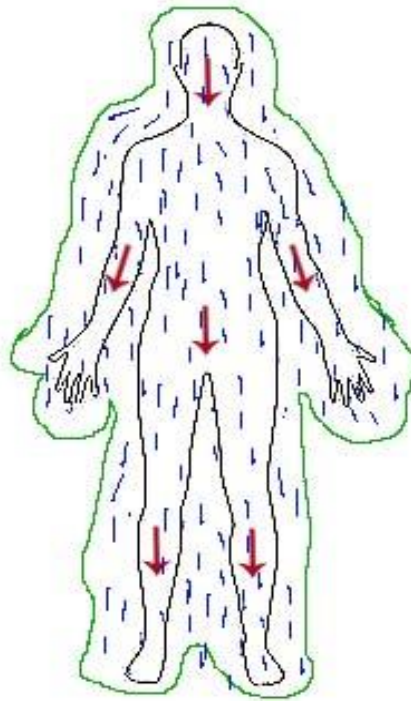
If we apply vibrations toward us and the flow is not flowing through, then the flow can build up causing different symptoms to occur. We will discuss this in the pictures below, from blocks and sickness, in these next chapters.

Flow Path

First let us map this flow. We have a body and an auric layer where the flow of particles can move through. The auric layer around the body is drawn in green.



This distance, or even wider is a healthy state, and people can feel their whole body flowing with chi/ vibrations or flows. In a picture for flow this would look like for example the next drawing. Of course this mapping is a translation from other dimensional seeing into the 3rd density vision.

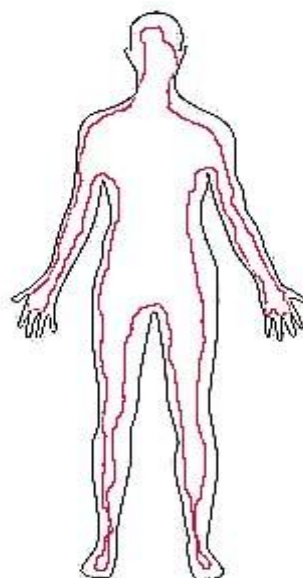


The blue particles represent the particles I see flowing, described as the vapor or heat seen in the air. I see them as transparent, and not as blue.

In this state we will have a healthy body where we can feel energy flows.

Less Healthy Bodies:

Mostly this perfect Aura is not the case. Most often, the auric layer is more compressed and not radiating love, but experiencing fear to “be the self.” We compress our self by ideas, and thoughts. Examples; “Do not do this.” “Be afraid of that.” etc...

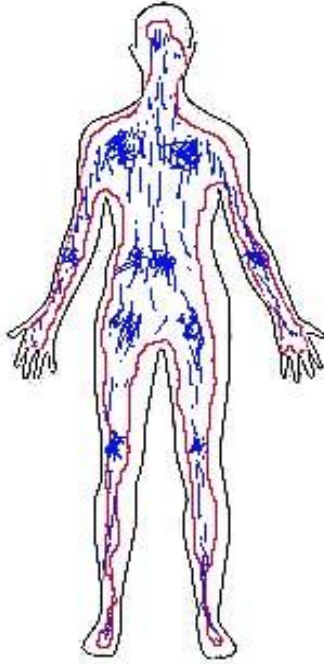


All kinds of rules where we attract our self to turn inward.

The red line is showing where the auric layer is compressed inside, no longer radiant.

Through this compression or inflow, there are things we do not want to look at. The energy particles that contain that information contract closer and closer and result in dense spots in our energy system.

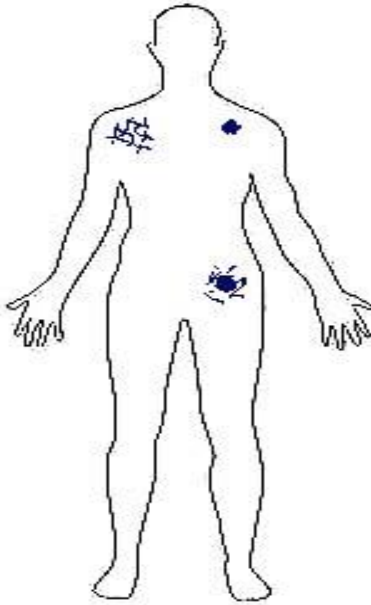
Shown here now as the blue packed particles



The blue spots are dense areas that block the flow of energy. These can even start a life of their own. Inside / outside a dot that is total compressed, can be a trauma that has been hidden there for a long time. The older it gets the more particles are compressed in, then at a certain moment it will implode and starts to form a life of its own. Like a vortex moving in and then out again. The particles will start to vibrate on their own vibration, and an example of this would be cancer.

Particles

Let's look closer at these particles:



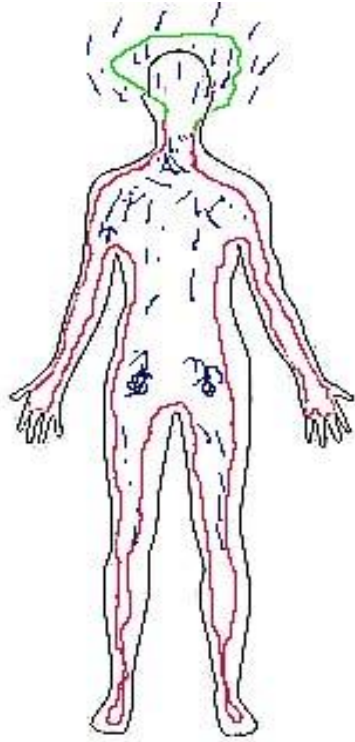
The left shoulder could be a frozen shoulder, the particles vibrating strongly around one another. The right shoulder could be a more compact trauma which has been compressing much more and probably for a longer time. The particles around these may also be less dense, but not shown in this picture.

The hips also show some trauma, maybe even flipped over in/out and vibrating on their own, disconnected from the body field. The separated dense energies creating their own new life. After this dense compression, it's like a vortex going inwards and coming outwards on the back side and “living a sickness” of it's own. And why would it not be? If we are not there, why can't there be other life forms present?

A blockage in those areas, where many people have blockage, will prevent most of the flow downwards and into the earth through the legs, resulting in many different problems. This hip area, is the most dense area in about 90% of the people I meet. This may result in, blocked sexuality function, and aggression ideas. These are all seen as “inflow” and “dense” configurations in the energy field.

Other common energy types in modern society

Here is an image of the energy flow pattern of many that are living in there ideas / head. They have forgotten that the body was more then a thought or machine.



You can see the particles in the auric layer around the head. For me this looks like a light bulb on the body ;-). The rest of the body is compressed and probably hurts every where it is touched. A healthy body should not hurt anywhere when squeezed, other then normal muscle pain from hard sports workouts which is temporary.

This energy image is also seen in people with migraine. They come here and have no idea why they have a headache. I see all the blocks and particles dancing around the head, intensely Vibrating, and think okay, where do we start to communicate? ;-). LOL

People have a mental image of the body, and do not have a clue that besides “thinking of it” there is also a possibility to be there with or “in the energy.” We are more then only our thoughts of what we are!!

Vibrational Technique.

We have now seen different states of the body. These are particles with certain frequencies. As we work with vibrational technique, particles can resonate, then break loose. They can lose the density of the compressed spots and then flow out. This is a healing response.

As the compression spot releases, this can result in perceptions of fear / cold / heat / yawning / farting / feeling miserable, etc etc, because the particles that are compressed contain old unwanted stuff.

When I place my hands on these particles I can see the images of the events that packed the energy together there.

Inflow:

When we do not want our stuff we compress it inside. When we have love that radiates outward, and we have fear that compresses moving inward. Pi / 2 (love) out or phi (fear) inward.

All ideas or focus on oneself with fear pull inwards with constriction. All "letting go" or loving releases outwards with relaxation to vibrancy.

If healing occurs, then one judges the particles that are released again, when they hit the auric layer (green in the picture) constriction will take them back in right away again!!

If particles form a cloud again and flow out with a loving surrender, without judging, complaining, or feeling petty, then release is more permanent. Letting go is the key!

This can happen with healing or with working with vibrational technique that will vibrate loose particles. Many people manifest their belief systems, they will probably want to discuss some world problems and Illuminati stuff first.

Starting to feel:

So to start to feel with hands or in the body with a chi flow we would need a body that is loose and has a field which can resonate with these different frequencies. That would be a body as in the 3rd picture with the green layer around it.

When we want to have a less emotional reference than feeling with the body, we could develop the pineal sensing. Or get rid of all our programs or ideas captured as reference in the mind.

The emotions and sensations matched in the body do not say anything about the energy. It only says something about what is resonating.

If our trauma captured inside is resonating, we could judge this as "bad energy" because it feels so bad. That is no reference!! [Where it was the judging itself in the mind which caused the energy to be stuck and not released to begin with.]

Mostly I test people who come here by asking “what do you feel with this and that?” Then they start to state where they feel it and then to judge it. For me I can then easily see where they refer to because mostly the energy is dense on the spot they describe. Or the flow above is stuck.

So to have a good reference in the body it should be free flowing and we should have some awareness of our blocks. [To release all our biases, and all of our preconceptions of good or bad energy, to finally only see energy].

Materials/rods

When we make rods with fractals and specific materials, these fractals hit on certain frequencies and the materials they are made of, will cause different flows inside the body.

Aluminum

Resonates high frequency, will vibrate dense areas loose and try to bring it into the green layers if the body is free and healthy.

Copper:

Will flow more around just under the skin and penetrates deeper in the body but has more flow capacities.

So if we can not bring it in the green layer because we are too dense we can pull it to the hands with copper.

Iron:

penetrates deeper and lower freq almost on the bone.

Bismuth

will compress particles even deeper with very slow freq. So can be used to bring heavy movement in something but be aware of even compressing more inward.

Making energy loose with hands:

If the body is compressed like the red line picture mostly. First massage is used for making loose the tissue.

Then energy can flow from the hands in the body and can penetrate the body. The time it needs to make contact is equal to the amount of density that there is.

Mostly when the particles are loose the time is short.

When they stuck it takes more massage and more time for a flow is felt when only touching with the hand chakra's

Time:

So the time is a reference for people who can not see.

If we place our hand on our heart chakra. Then when we can start to count how much time it needs before we feel heat flow in our body.

That should be equal everywhere and fast like below 3 seconds.

When we lift our hand up when we have felt the energy flow we can pull some strings. Like chewing gum. The amount of distance we can pull them is the amount of distance the green line is away. The more away the more area we have to breath and easy going. Having our own space and feeling free.

So check your whole body and map the time needed for the flow to start. Or to feel the energy. The more time there is on a mapped spot. The more dens it is. The more dens it is, the more physical we need to manipulate. Or the more time we need to vibrate it loos or have to go pulling it trough or vibrate it loos more deep with other materials then aluminium.

The less dens the more we can do gentle with energy manipulation.

Manipulation of the energy

At the end for a healthy body we need to manipulate the energy in such away that the green auric layer is far away and the particles are flowing.

Then we are able to feel energy all trough the body and no sickness can stuck into the body. It renews every flow. Again and again.

But this will take some time to make the body loose. To handle and be spiritual adult in letting the fears arising from the depths.

So a change in attitude that captures the energy in. Other wise we open en close at the same time again.

So we should be aware what we do with hiding our self. That contracts the green line to the red line and we experience less space and get trapped and do not feel anything anymore.

Symptoms in the body: and blocks:

Like:

excema red spot/...

these are symptoms that the energy can not get rit off its "dirty" energy . The flow can not flow trough

mostly below the area the flow is stucked or above so no fresh energy can flow trough.

Let someone read you for blocks in the energy or do the time measurement on the body for chi flow to map the parts that takes time. Also excessive energy from for example joecell can be stucked and not flow trough

Migrane:

Mostly living in the head and all the energy is focussed on the head. Mostly expression is difficult for them and the trouth is blocked trough that.

So all energy coming in on the top ,can only vibrate and start to resonate in the head . And when the amount had reached the maximum of the area where it is in. Then it starts to resonate and dance.
Then when people lay down exhausted they stop thinking and surrender and pressure gets less

Removing the block in the body where the energy is stuck will give more space for awareness that there is more then a head.

When there is for example a block at the tought

Shouting, expressing ,singing will reverse the process from the tought/habit of keeping in and will change the habit of contraction .

So we do not need only healing but also a change of habit is required

More symptoms to add

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Arno